

MODULE 4 TRADITIONAL NATUROPATHY & CLINICAL HERBALISM CROSSOVERS

THE SYLLABUS & TEXTBOOK CHECKLIST

All Books Are Optional. All Book Links Are Clickable

Lessons 1-10

Lesson 1: Acupressure & Reflexology For Physical & Emotional Wellbeing

Optional Reading

<input type="checkbox"/> Introduction to Acupressure
<input type="checkbox"/> Acupressure for Emotional Healing
<input type="checkbox"/> Acupressure Meridian Flashcards
<input type="checkbox"/> Acupressure Pressure Point Flash Cards
<input type="checkbox"/> Reflexology for Beginners

Lesson 2: Aromatherapy, Essential Oils, & Carrier Oils

Optional Reading

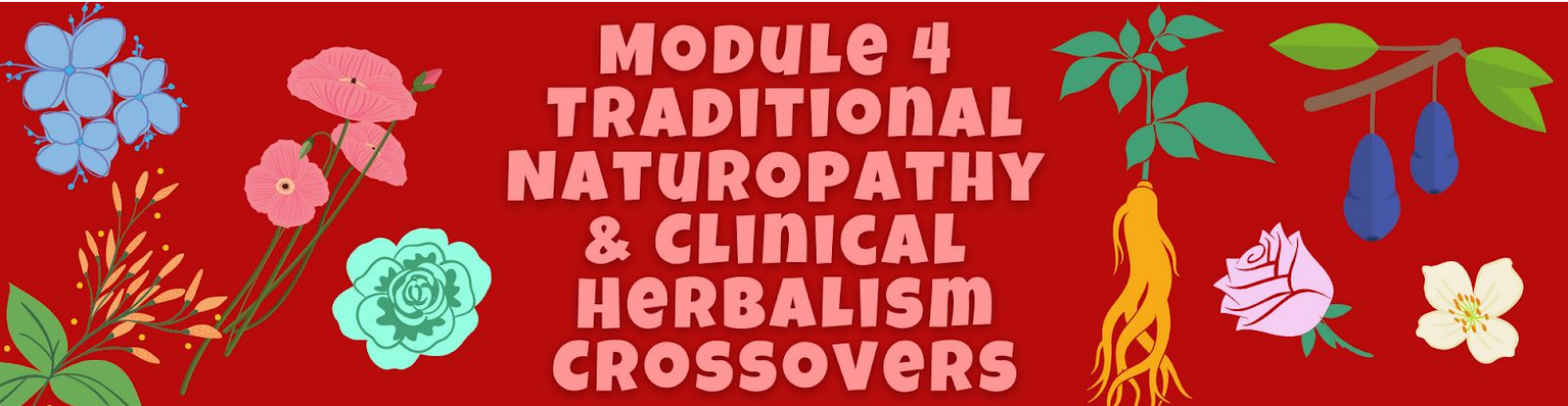
<input type="checkbox"/> Aromatherapy: Essential Oils in Colour
<input type="checkbox"/> Aromatherapy: The Essential Blending Guide
<input type="checkbox"/> Clinical Aromatherapy
<input type="checkbox"/> The Healing Intelligence of Essential Oils

Lesson 3: Earthing, Grounding, & Forest Bathing (Shinrin-Yoku)

Lesson 4: Vibrational Plant Medicine: Flower Essences & Flower Remedies

Optional Reading

<input type="checkbox"/> Bach Flowers for Crisis Care
<input type="checkbox"/> Flower Essence Repertory



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- Stars of the Meadow: Herbs As Flower Essences

Lesson 5: Principles & Practice of Homeopathy: Tissue Salts, & Theories on Aging
Optional Reading

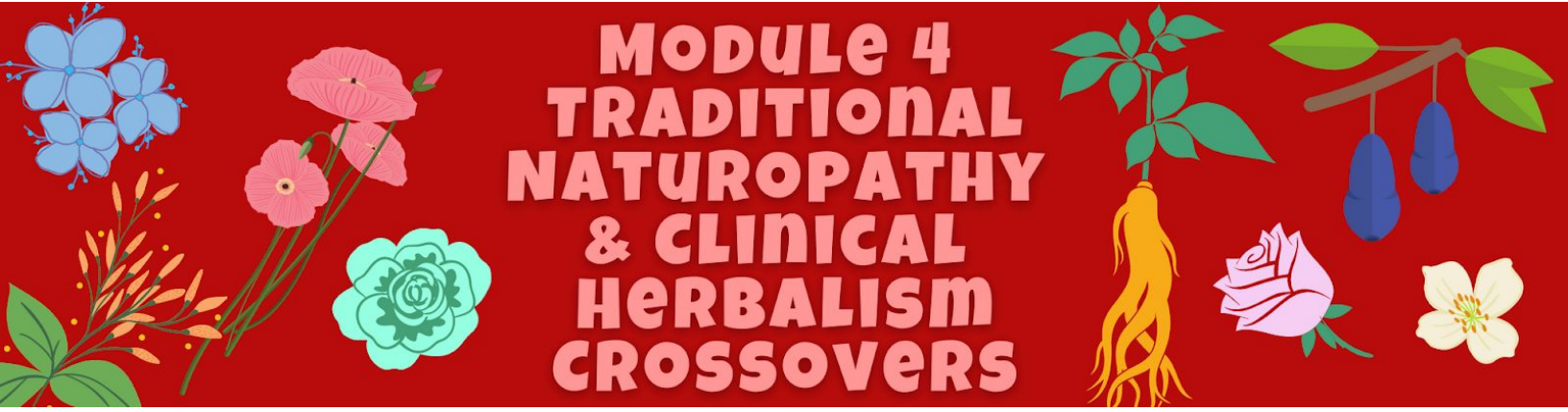
- Picture it Homeopathy
- Homeopathy: A Complete Guide
- Homeopathy Film
- Tissue Salts for Healthy Living
- Tissue Salts for Anti-Aging

Lesson 6: Iridology, Eye Health, & The Bates Method
Optional Reading

- Iridology Textbook: Core Curriculum
- Iridology: An Introduction to the Science

Lesson 7: Medical Marijuana, CBD Oil, & the Endocannabinoid System
Optional Reading

- The Cannabis Index: Marijuana & Brain Chemistry
- Healing with Medical Marijuana



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Lesson 9: Muscle Testing (Applied Kinesiology)

Lesson 9: Parasitology: Conventional & Alternative Treatments for Parasites

OPTIONAL READING —if you plan on working with parasite issues, you have to buy the books

- Parasites and Worms in Humans
- Parasites: Diagnosis, Treatment, Prevention

Lesson 10: What You Must Know About Vitamins, Minerals, Herbs and So Much More:
Choosing the Nutrients That Are Right for You

Optional Reading

- Vitamins, Minerals, Herbs, & So Much More