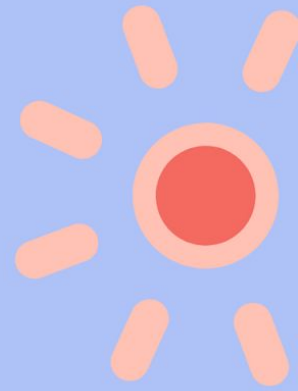




MODULE 2 TRADITIONAL NATUROPATHY



THE SYLLABUS & TEXTBOOK CHECKLIST

All Books Are Optional. All Book Links Are Clickable

Lessons 1-14

Lesson 1: History of Nature Cure Principles, Therapeutic Order, Traditional Naturopathy vs. Licensed Naturopathy, Defining Homeostasis, & Antiquated Therapies

Lesson 2: Water, Weather, & Spa Therapies: Balneotherapy, Climatotherapy, Cryotherapy, Ecotherapy, Halotherapy, Heliotherapy, Hydrotherapy, Pelotherapy, Thalassotherapy, Thermalism, Watercure, Negative Ions, Far-Infrared Sauna vs. Near Infrared Sauna, Epsom Salts, Dry Brushing, Medical Baths, Red Light Therapy, Rebounding, Grounding, Earthing, & Foresting Bathing

Optional Reading

- [Healing Springs: The Ultimate Guide to Taking the Waters](#)

Lesson 3: Oxygen Therapies: Medical Ozone for Osteoarthritis & Preventing Joint Replacement Surgery, Hydrogen Peroxide Medicine for Atherosclerosis, & Ultraviolet Blood Irradiation for Viral Disease Like Lyme

Optional Reading

- [Ozone: The Miracle Therapy](#)

Lesson 4: Drugs That Don't Work & Natural Therapies That Do: What They Don't Tell You: Osteoporosis Drug Half-Lives & The Critical Toll They Take on the Human Body

Optional Reading

- [Drugs That Don't Work & Natural Treatments That Do](#)

Lesson 5: First Aid with Sodium Bicarbonate & pH Medicine for Everything That Ails

Optional Reading

- [Sodium Bicarbonate & pH Medicine](#)



MODULE 2 TRADITIONAL NATUROPATHY



Lesson 6: Common Disorders of the Endocrine System & Laboratory Test Ranges

Lesson 7: Iodine: The Life Changing Miracle Elemental

Optional Reading

- Iodine: Why You Need It & Can't Live Without It

Lesson 8: Understanding & Overcoming Thyroid Disorders

Optional Reading

- Overcoming Thyroid Disorders
- Thyroid Disorders

Lesson 9: Natural Hormones & the Failure of Conventional Hormone Replacement Therapy, Hypothyroidism, Adrenal Hormones, DHEA, Natural Progesterone, Natural Estrogens, Natural Testosterone, Melatonin, Hydrocortisone, Human Growth Hormone, & Pregnenolone

Optional Reading

- The Miracle of Natural Hormones
- Women's Hormones

Lesson 10: On the Fringe with Orthomolecular Medicine, Nutritional Psychiatry, & Clinical Psychopharmacology

Section 1: Clinical Psychopharmacology Made Ridiculously Simple

Optional Reading

- Clinical Psychopharmacology Made Simple

Section 2: Understanding Conventional Medications for Anxiety & Depression

Optional Reading

- Medications for Anxiety & Depression



MODULE 2 TRADITIONAL NATUROPATHY



Section 3: Orthomolecular Medicine, Nutritional Psychiatry, & What is the Adrenochrome Hypothesis

Optional Reading

- [Orthomolecular Medicine For Everyone](#)

Section 4: Nutritional Lithium: A Mineral That Transforms Lives & Heals the Brain

Optional Reading

- [Nutritional Lithium: A Cinderella Story](#)

Section 5: 5-HTP The Serotonin Connection

Optional Reading

- [5-HTP The Serotonin Connection](#)

Section 6: The Benefits & Dangers of Using SAM-e for Depression

Optional Reading

- [Stop Depression Now](#)

Section 7: A Mind of Your Own: The Truth About Depression w/Kelly Brogan

Optional Reading

- [A Mind of Your Own](#)
- [Own Yourself](#)

Section 8: Cluster Personality Disorders & Cognitive Distortions as Defined by Conventional Psychiatry

Section 9: Passive Aggression: Recognition, Boundaries & Coping Methodology

Section 10: The Concept of Nonviolent Communication



MODULE 2 TRADITIONAL NATUROPATHY



Lesson 11: Natural Healing for Dogs & Cats: Herbs, Acupressure, Massage, Homeopathy, Flower Essences, Natural Diets, & Healing Energy

Optional Book

- [Abundantly Well: The Complementary Integrated Medicine Revolution](#)
- [The Nature of Animal Healing : The Definitive Holistic Medicine Guide to Caring for Your Dog & Cat](#)
- [New Choices in Natural Healing for Dogs & Cats: Herbs, Acupressure, Massage, Homeopathy, Flower Essences, Natural Diets, & Healing Energy](#)

Lesson 12: Supplements, Tinctures, & Breathing Techniques for Stress Management

Lesson 13: Abundantly Well & the Holistic Medicine Revolution

Optional Book

- [Abundantly Well: The Complementary Integrated Medicine Revolution](#)

Lesson 14: Naturopathic Oncology: Reprogramming DNA, Gene Expression, Sound Medicine, Exploring The Safety, Dangers, & Controversies of Conventional, Alternative, & Complementary Cancer Care Treatments

Section 1: Cancer Classifications & Metastasis

Section 2: Dr. Otto Warburg & B-17

Section 3: Dr. Burzynski & Antineoplastons

Section 4: Dr. Hoxsey & The Hoxsey Protocol

Section 5: Dr. Simoncini & Sodium Bicarbonate

Section 6: Dr. Mercola & Suzanne Somers



MODULE 2 TRADITIONAL NATUROPATHY



Section 7: Cancer Documentaries & Forbidden Cures

Section 8: Reprogramming our DNA

Section 9: Homeopathy & Cancer

Section 10: Cancer, Sound Medicine, & Radiofrequency Ablation

Section 11: Cancer Medicine From Nature: Herbal Formulary for Cancer

Optional Reading

[Cancer Medicine from Nature](#)

Section 12: Naturopathic Oncology For Patients, Practitioners, & Physicians

Optional Reading

[Naturopathic Oncology](#)

Section 13: Cannabis & Skin Cancer: What is Rick Simpson Oil & What Does It Have To Do With Skin Cancer?

Section 14: Alternative Therapies in Cancer Care: Regulation & Risk

Section 15: What is the Government Doing?