

## **THE SYLLABUS & TEXTBOOK CHECKLIST**

All Books Are Optional. All Book Links Are Clickable

Lessons 1-20

Lesson 1: Anatomy, Physiology, Pathology, Pathophysiology, Disease States, & Symptomatology

Lesson 2: Immunology: The Lymphatic System, Germs, & Pathogens

Lesson 3: Blood Pressure, Blood Typing, Genotypes, Phenotypes, Anemias, Rh Factor & Transfusions

Lesson 4: Antibodies & Predictive Autoantibodies — IgA, IgD, IgE, IgG, IgM

Lesson 5: IgE-Based Food, Seasonal, Environmental Allergies, Testing Options, & the Skin Prick Test

Lesson 6: IgG-Based Food Sensitivity & Intolerance Testing

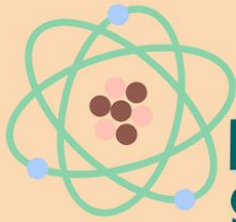
Lesson 7: Cytotoxicity Testing with the ALCAT & the MRT

Lesson 8: CYREX Labs & Predictive Medicine

Lesson 9: Hair Tissue Mineral Analysis (HTMA) & Heavy Metal Toxicity

Lesson 10: Matrix Response Testing, Applied Kinesiology, & Muscle Testing

Lesson 11: Mast Cell Activation Syndrome



# MODULE 1 Sciences



Lesson 12: Women, Autoimmunity, Cross-Reactivity, & Molecular Mimicry

Lesson 13: Leaky Gut, Probiotics, Prebiotics & The Microbiome

Lesson 14: BDFN, GERD, SIBO, IBS, FMT, HCL, & Pepsin

Lesson 15: Irritable Bowel Syndrome (IBS) vs. Inflammatory Bowel Disease (IBD): Crohn's, Ulcerative Colitis, IBS-C, & IBS-D

Lesson 16: Antibiotics, Antimicrobials, Antivirals, Types, Classes, & Alternatives

Lesson 17: Bacteria, Viruses, & Antibiotic Resistance

Lesson 18: MRSA, Necrotizing Fasciitis (Flesh Eating Bacteria), Superbugs, Bacteriophages & Phage Therapy

Lesson 19: Mold, Mildew, Mycotoxins, & Candida in Our Bodies, Our Food & Our Environment

Optional Reading

❑ [Break the Mold \\$25](#)

Lesson 20: Covid-19: Exosome vs. Virus Theory

Bonus Lesson: Laboratory Tests with Chris Kresser

**Pathology, Pathophysiology, & Symptomatology References:** ❑ Cardiovascular Pathology  
❑ Dermatology Pathology ❑ Ear, Nose, & Throat Pathology ❑ Endocrine Pathology ❑ Fluid & Electrolyte Imbalances ❑ Gastrointestinal Pathology ❑ Genetics Pathology ❑ Hematology Pathology ❑ Immune Pathology ❑ Infectious Disease Pathology ❑ Maternal Pathology  
❑ Mental Health Pathology ❑ Musculoskeletal Pathology ❑ Neurological Pathology  
❑ Pediatric Pathology ❑ Renal Pathology ❑ Reproductive Pathology ❑ Respiratory Pathology