



ROCKWELL

School of Holistic Medicine

Module II: Program Outline & Syllabus

Module II: Traditional Naturopathy, Nutritional Psychiatry, & Orthomolecular Medicine

- ❑ Section 1: History of Nature Cure Principles

- ❑ Section 2: Water & Weather Therapies: Including Balneotherapy, Climatotherapy, Halotherapy, Hydrotherapy, Thalassotherapy, Thermalism, & Watercure

❑ [Healing Springs](#)

- ❑ Section 3: The Miracle of Medical Ozone & Oxygen Therapies

❑ [Oxygen Therapy](#)



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[Hydrogen Medicine](#)

❑ Section 4: Naturopathic Endocrinology, Hormones & Thyroid Health

[Thyroid Disorders](#)

[Women's Hormones](#)

[The Iodine Crisis](#)

[Overcoming Thyroid Disorders](#)

[Iodine: Why You Can't Live Without It](#)

[Selenium Medicine](#)

❑ Section 5: Naturopathic Oncology, Gene Expression, & Exploring The Safety & Dangers of Conventional, Alternative, & Complementary Cancer Treatments



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❑ [Natural Oncology](#)

❑ [Cancer Medicine from Nature](#)

❑ [Cancer is Not a Disease](#)

❑ [Naturopathic Oncology](#)

❑ Section 6: Dissecting Clinical Psychopharmacology

❑ [Clinical Psychopharmacology Made Simple](#)

❑ Section 7: Understanding Conventional Medications for Anxiety & Depression

❑ [Medications for Anxiety & Depression](#)



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❑ Section 8: Orthomolecular Medicine & Nutritional Psychiatry

❑ [Anxiety: Orthomolecular Diagnosis & Treatment](#)

❑ Section 9: Nutritional Lithium: A Mineral That Transforms Lives & Heals the Brain

❑ [Nutritional Lithium: A Cinderella Story](#)

❑ Section 10: 5-HTP The Serotonin Connection

❑ [5-HTP The Serotonin Connection](#)

❑ Section 11: The Benefits & Dangers of Using SAME-E for Depression

❑ [Stop Depression Now](#)

❑ Section 12: A Mind of Your Own: The Truth About Depression w/Kelly Brogan

❑ [A Mind of Your Own](#)



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- ❑ Section 13: Personality Disorders As Defined by Conventional Psychiatry
- ❑ Section 14: Passive Aggression: Recognition, Boundaries & Coping Methodology
- ❑ Section 15: The Concept of Nonviolent Communication