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The Clinical Herbalism Program Outline & Syllabus

This syllabus contains clickable links.

Module 1: Sciences & The Holistic Medicine Revolution

- ❑ Section 1: Intro to Anatomical Terminology
- ❑ Section 2: Major Body Systems
- ❑ Section 3: Minor Body Systems



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- ❑ Section 4: Zeroing in on Simple Anatomy
- ❑ Section 5: Anatomy & Physiology w/Prof. Wendy Riggs
- ❑ Section 6: Functional Physiology w/Dr. Dicken Weatherby
- ❑ Section 7: Anatomy & Physiology from Birth to Death
- ❑ **Section 8: Specific Pathology & Pathophysiology Reference Includes:** ❑
 - Cardiovascular Pathology ❑ Dermatology Pathology ❑ Ear, Nose, & Throat Pathology ❑
 - Endocrine Pathology ❑ Fluid & Electrolyte Imbalances ❑ Gastrointestinal Pathology ❑
 - Genetics Pathology ❑ Hematology Pathology ❑ Immune Disorders ❑ Infectious Disease Pathology ❑
 - Maternal Pathology ❑ Mental Health Disorders ❑ Musculoskeletal Pathology ❑
 - Neurological Pathology ❑ Pediatric Pathology ❑ Renal Pathology ❑
 - Reproductive Pathology ❑ Respiratory Pathology



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- ❑ Section 9: Additional Anatomy Resources Reference
- ❑ Section 10: Bacteria, Viruses, & Antibiotic Resistance
- ❑ Section 11: MRSA, Necrotizing Fasciitis, Superbugs & Bacteriophages
- ❑ Section 12: Theories on Mold, Fungus, Candida, Autoimmunity, & Cancer
- ❑ Section 13: Antibiotics, Antimicrobials, Antivirals, Types, Classes, & Alternatives
- ❑ Section 14: Leaky Gut, The Microbiome & Gut Health (2.5 hr)
 - ❑ [Heal Your Leaky Gut](#)



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- ❑ Section 15: Blood Types
- ❑ Section 16: The Immune System
- ❑ Section 17: Understanding Antibodies: IgA, IgD, IgE, IgG, IgM
- ❑ Section 18: Mast Cell Activation
- ❑ Section 19: Food Allergy Testing Options
- ❑ Section 20: IgG Testing
- ❑ Section 21: ELISA



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- ❑ Section 22: The ALCAT
- ❑ Section 23: The MRT
- ❑ Section 24: CYREX Arrays
- ❑ Section 25: Skin Prick Testing
- ❑ Section 26: Hair Tissue Mineral Analysis (HTMA)
- ❑ Section 27: Autoimmunity & Cross Reactivity
- ❑ Section 28: Genetic Testing & Independent Labs Reference



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- ❑ Section 29: Blood Chemistry, Lab Values, & Chem Screens Reference
- ❑ Section 30: First Aid with Sodium Bicarbonate & pH Medicine
 - ❑ [Sodium Bicarbonate: Nature's First Aid](#)

Module III: Clinical Herbalism, Botanical Medicine, & Plant Energetics

- ❑ Section 1: Intro to Plant Medicine & The Plant Healer's Path
 - ❑ [The Plant Healer's Path](#)
- ❑ Section 2: Nomenclature & the Botany of Global Plants
- ❑ Section 3: Ethical Wildcrafting • Responsible Foraging • Plant Identification • Wild Edibles • Edible Flowers



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▣ [The Illustrated Herbiary](#)

▣ Section 4: Herbs from A-Z & Poisonous Look Alikes

▣ Section 5: Herbal First Aid & Traditions in Western Herbalism

▣ [Traditions in Western Herbalism](#)

▣ Section 6: Plant Energetics & The Herbal Clinician

▣ [Herbal Clinician](#)

▣ Section 7: Ocean Seaweeds, Sea Veggies &, Algae

▣ Section 8: Botanical Medicine: Concentrated Vitamins & Minerals from Herbs

▣ [Handbook of Herbs & Natural Supplements](#)



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❑ Section 9: Addiction, Adaptogens & Physiological Body Systems

❑ [Ibogaine: Freedom From Addiction Naturally](#)

❑ Section 10: Regional Profiles & Plant Biomes

❑ Section 11: Medicinal Mushrooms: Fungi, Pharmacology, & Clinical Applications

❑ [Healing Mushrooms: A Practical Guide](#)

❑ [Medicinal Mushrooms: A Clinical Guide](#)

❑ Section 12: Herbal Contraindications & Drug Interactions

❑ [Herbal Contraindications & Drug Interactions](#)



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- ❑ Section 13: Principles & Practice of Botanical Prescribing: Growing & Making Herbal Medicine • Concentrates • Infusions • Decoctions • Tinctures • Herbal Honeys, Syrups, & Vinegars

- ❑ [A Modern Herbal Dispensatory](#)

- ❑ Section 14: Herbs & Pregnancy: The Childbearing Year

- ❑ [Wise Woman Herbal: The Childbearing Year](#)

- ❑ Section 15: Herbal Folklore & Plant Mysticism

- ❑ Section 16 : Delving Deeper Into Clinical Herbalism & Herbal Medicine

- ❑ [The ABC Clinical Guide to Herbs](#)

- ❑ [Encyclopedia of Herbal Medicine](#)



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❑ Section 17: The 7 Rivers of Healing & Wise Woman Traditions with Susun Weed

❑ [Abundantly Well: Medicine Revolution](#)

❑ [Healing Wise](#)

❑ [Down There: Sexual & Reproductive Health](#)

❑ Section 18 : Herbal Antibiotics

❑ [Herbal Antibiotics](#)

❑ Section 19: Herbal Antivirals

❑ [Herbal Antivirals](#)

❑ Section 20: Plant Monographs, Research, & Database References



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- ❑ Section 21: Herbal Formularies for Health Professionals: Digestion, Elimination, the Gastrointestinal System, Liver, Gallbladder, Urinary System, & the Skin

❑ [Herbal Formularies Vol. 1](#)

- ❑ Section 22: Herbal Formularies for Health Professionals: Circulation, Respiration, the Cardiovascular, Peripheral Vascular, Pulmonary, & Respiratory Systems

❑ [Herbal Formularies Vol. 2](#)

- ❑ Section 23: Herbal Formularies for Health Professionals: Endocrinology, the Adrenal and Thyroid Systems, Metabolic Endocrinology, & Reproductive Systems

❑ [Herbal Formularies Vol. 3](#)

- ❑ Section 24: Evolutionary Herbalism: Science, Spirituality, & Medicine from the Heart of Nature

❑ [Evolutionary Herbalism](#)





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- ❑ Section 25: Coming Full Circle in Herbalism, Rounding Out Skill Sets, Plant Energetics & Ayurveda with The Earthwise Herbal Repertory

- ❑ [The Earthwise Herbal Repertory](#)

Module IV: Traditional Naturopathy & Clinical Herbalism Crossovers

- ❑ Section 1: Acupressure & Reflexology For Physical & Emotional Wellbeing

- ❑ [Introduction to Acupressure](#)

- ❑ [Acupressure for Emotional Healing](#)

- ❑ [Acupressure Meridian Flashcards](#)

- ❑ [Acupressure Pressure Point Flash Cards](#)

- ❑ [Reflexology for Beginners](#)



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❑ Section 2: Aromatherapy, Essential Oils, & Carrier Oils

❑ [Aromatherapy: Essential Oils in Colour](#)

❑ [Aromatherapy: The Essential Blending Guide](#)

❑ [Clinical Aromatherapy](#)

❑ [The Healing Intelligence of Essential Oils](#)

❑ Section 3: Earthing, Grounding, & Forest Bathing (Shinrin-Yoku)

❑ Section 4: Vibrational Plant Medicine: Flower Essences & Flower Remedies

❑ [Bach Flowers for Crisis Care](#)

❑ [Flower Essence Repertory](#)

❑ [Stars of the Meadow](#)



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❑ Section 5: Homeopathy Principles & Practice

❑ [Picture it Homeopathy](#)

❑ [Homeopathy: A Complete Guide](#)

❑ [Homeopathy Film](#)

❑ Section 6: Tissue Salts (Homeopathy Cont.)

❑ [Tissue Salts for Healthy Living](#)

❑ [Tissue Salts for Anti-Aging](#)



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❑ Section 7: Iridology, Eye Health, & The Bates Method

❑ [Iridology Textbook: Core Curriculum](#)

❑ [Iridology: An Introduction to the Science](#)

❑ Section 8: Medical Marijuana, CBD Oil, & the Endocannabinoid System

❑ [The Cannabis Index](#)

❑ [Healing with Medical Marijuana](#)

❑ Section 9: Muscle Testing (Applied Kinesiology)



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❑ Section 10: Parasitology: Conventional & Alternative Treatments for Parasites

❑ [Parasites and Worms in Humans](#)

❑ [Parasites: Diagnosis, Treatment, Prevention](#)

Module VII: Common Health Concerns, Conditions, & Clinical Applications

❑ Section 1: Acne Theories & Food For Thought

❑ Section 2: ADHD, Autism & Underlying Conditions

❑ [Finally Focused: Treatment for ADHD](#)

❑ Section 3: Allergies & Allergy Testing

❑ [The Allergy Book](#)



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▣ [Alternative Approach to Allergies](#)

▣ Section 4: Autoimmunity, ASIA, MSID & Minding Your Mitochondria

▣ Section 5: Holistic Treatment Options for Blood Pressure

▣ Section 6: Conscious Parenting w/Shefali Tsabary

▣ [Conscious Parenting](#)

▣ Section 7: Irretrievable Conditions, Dying with Confidence, & Thanatology

▣ Section 8: Lone Star Ticks, Lyme Disease, Conspiracy, & the Co-Infections

▣ [Under Our Skin](#)

▣ [Emergence](#)



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- ❑ Section 9: Disease Pop Culture, Pyroluria, & Porphyria
- ❑ Section 10: Holistic Medicine vs. Conventional Medicine

- ❑ [Undoctored: Why Health Care Has Failed](#)

- ❑ [Lies My Doctor Told Me](#)

Module VIII: Bedside Manner & Holistic Business Practices for Success

- ❑ Section 1: Motivational Interviewing & Creating a Bedside Manner That Fosters Love, Compassion, & Respect

- ❑ [How to Gain Your Patient's Respect](#)

- ❑ Section 2: Holistic Livelihoods, Sacred Success & Creating a Dream Practice
- ❑ Section 3: Physician, Know Thyself: A Brief Introspection